

Awaken Your Soul's Purpose

(Level 1 of 3)



About the Course

Embark on a transformative 6-week online journey with 'Awaken Your Soul's Purpose.' This course is a self-paced, non-traditional exploration designed for both novices and seasoned spiritual explorers, offering flexibility to suit individual learning preferences. Whether you're inclined towards community interaction or solitary reflection, this program provides practical tools for personal empowerment, thriving amidst life's complexities, and aligning joy with your soul's purpose. Engage with the course's content at your convenience, including meditation, journaling, and reflection worksheets, fostering deep self-discovery and a profound understanding of your soul's purpose. With new content released weekly, opt to participate in our vibrant online community at your own pace, and benefit from ongoing mentorship and support post-course. This unique blend of Akashic wisdom and practical experiences invites you to discover a personalized path to embracing your unique gifts, with options for extensive engagement or introspective learning, ensuring a journey that respects your personal boundaries and engagement preferences.

Course Outline

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Welcome

1. Poll: How Familiar are you with the Akashic Records?
2. How to Navigate the Course
3. About Me
4. Story Time

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Week 0: Pre-Course Orientation

1. Introduction
2. Holistic Learning Experience
3. Course Outline
4. Student Learning Outcomes
5. You will need . . .
6. Guiding Principles for Teacher and Students

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Module 1: Awakening to Akashic Wisdom

1. Overview Module 1 – Lessons 1-4
2. Lesson 1: Unveiling the Chronicles of the Soul
3. Lesson 2: Mindfulness as an Akashic Practice
4. Lesson 3: Silence and the Akashic Field
5. Lesson 4: Energetic Self-Care
6. Module 1: Practical Exercises, Meditation, Reflect and Discuss

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Module 2: Tune into Your Inner Wisdom

1. Overview Module 2 – Lessons 5-7
2. Lesson 5: Enriching Akashic Realm Connections
3. Lesson 6: Living Presently with Akashic Awareness
4. Lesson 7: Mindful Activities as Gateways to Akashic Insights
5. Module 2: Practical Exercises, Meditation, Reflect and Discuss

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Module 3: Find Purpose in Daily Life

1. Overview Module 3 – Lessons 8-10
2. Lesson 8: Tapping into Akashic Records for Intuitive Guidance
3. Lesson 9: Strengthening Intuition with Akashic Wisdom

4. Lesson 10: Trusting and Acting on Akashic Insights
5. Module 3: Practical Exercises, Meditation, Reflect and Discuss

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Module 4: Decode Joy and Passion

1. Overview Module 4: Lessons 11-13
2. Lesson 11: Discovering Joy through Akashic Clarity
3. Lesson 12: Aligning Joy with Soul Purpose in the Akashic Records
4. Lesson 13: Joyful Living Inspired by Akashic Wisdom
5. Module 4: Practical Exercises, Meditation, Reflect and Discuss

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Module 5: Values as Your Compass

1. Overview Module 5 – Lessons 14-16
2. Lesson 14: Identifying Values through the Akashic Lens
3. Lesson 15: Making Decisions Aligned with Akashic Wisdom
4. Lesson 16: Living Your Values with Akashic Guidance
5. Module 5: Practical Exercises, Meditation, Reflect and Discuss

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Module 6: Creating a Soulful Life with Akashic Guidance

1. Overview Module 6: Lessons 17-19
2. Lesson 17: Pivotal Juncture
3. Lesson 18: Embracing Imperfection and the Ongoing Nature of the Journey
4. Lesson 19: Community Engagement and Akashic Sharing
5. Module 6: Practical Exercises, Meditation, Reflect and Discuss

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Congratulations – Next Steps

1. Celebrate Progress and Achievements
2. Next Course Opportunities
3. Encouragement: Continue Integrating Purpose into Daily Life
4. Stay Connected
5. Know Your Soul Services
6. Course Evaluation
7. Reflect and Discuss

BONUS

Bonus Features

Beyond Level 1: While the initial journey of "Awaken Your Soul's Purpose" unfolds over six enriching weeks, my commitment to your growth extends far beyond. You'll receive an additional four months of dedicated support and guidance, ensuring you can fully integrate and apply the course's wisdom. Plus, with uninterrupted access to all course materials, your exploration and discovery can continue at your own pace.

Looking Ahead - Deepening and Manifestation

Level 2 (June)- Deepen Your Soul's

Purpose: Commencing in June, this six-week course invites you to delve further into the mysteries of the Akashic Records, karmic patterns, and more, building upon the foundation laid in Level 1.

Level 3 (Sept)- Manifest Your Soul's

Purpose: Starting in September, the final six-week course focuses on actualizing your soul's purpose, leveraging the insights and tools explored in the previous levels for real-world application and manifestation.

This structured yet flexible progression ensures a holistic and profound journey from awakening to manifestation, tailored to the unique path of each soul traveler.

~AWAKEN YOUR SOUL'S PURPOSE~

GUIDES, SCRIPTS, & WORKSHEETS

Module 1

Lesson 1:

- GUIDE: Glossary of Terms
- GUIDE: Understanding the Concept of Soul's Purpose and Its Significance
- GUIDE: Soul Blueprint ~ Soul Purpose
- GUIDE: Beginner's Guide to the Akashic Records
- GUIDE: Mindfulness
- GUIDE: Understanding the Akashic Records

Lesson 2:

- GUIDE: Harnessing the Power of Intention Setting

Lesson 3:

- GUIDE: Recognizing the Language of Intuition and Inner Guidance

Lesson 4:

- GUIDE: The Art of Staying Grounded
- GUIDE: Handling Overwhelming Information
- GUIDE: Scientific Research

Module 1: Practical Exercises

- GUIDE: Mindfulness Activities
- GUIDE: Mindful Breathing
- GUIDE: Exploring Diverse Meditation Techniques for Akashic Access
- GUIDE: Silence in Nature Reflection Questions
- GUIDE: READ BEFORE FIRST MEDITATION - Opening and Closing the Akashic Records
- SCRIPT: Inner Sanctuary Guided Visualization
- GUIDE: Sharing Mindfulness with Partners and Friends
- GUIDE: Sharing Mindfulness with Children

Module 2

- GUIDE: Differences between Meditation & Mindfulness
- GUIDE: Brain Wave Enhancement through Meditation

Lesson 5:

- GUIDE: Responsibilities as Acts of Service

- GUIDE: Embracing Inner Wisdom in Daily Experiences
- GUIDE: Navigating Emotions to Align with True Calling
- GUIDE: Infusing the Essence of Mindfulness into Daily Life

Lesson 6:

- GUIDE: Anchoring Your Awareness
- GUIDE: Ego and Intuition
- GUIDE: Conscious Connections
- GUIDE: Navigating Daily Interactions and Challenges with Presence
- GUIDE: Conscious Intentions for Daily Living
- GUIDE: 20 Questions: Conscious Interaction & Realization
- GUIDE: The Essence of Attuned Listening and Empathic Dialogue
- GUIDE: Awaken the Power of Presence
- GUIDE: Verification of Akashic Insights

Lesson 7:

- GUIDE: 25 Purposeful Acts of Kindness
- GUIDE: Integrating Authentic Living and Purposeful Routines
- GUIDE: Unveiling the Illuminating Insights of Somatic Signals
- GUIDE: Critical Thinking Activity Sheet

Module 2: Practical Exercises

- GUIDE: Embracing the Present in Tasks
- GUIDE: Acts of Daily Mindfulness and Purpose Techniques
- GUIDE: 5-Day Conscious Connections Challenge
- GUIDE: Ho'oponopono and the Practice of Forgiveness
- SCRIPT: Dance of Intuition
- SCRIPT: The Silent River Meditation
- SCRIPT: Conscious Connections & Akashic Wisdom
- GUIDE: Mindful Breathing

Module 3

Lesson 8:

- GUIDE: Techniques to Connect with the Akashic Records
- GUIDE: The Art of Intentions and Affirmations
- GUIDE: Aligning with Your Inner Call with Affirmations
- GUIDE: Journaling for Reflection

Lesson 9:

- GUIDE: The Intuitive Compass

Lesson 10:

- GUIDE: Monkey Mind

- GUIDE: Distinguishing Between the Voices of Ego and Soul

Module 3: Practical Exercises

- SCRIPT: Soul's Symphony Meditation
- SCRIPT: Journey to the Akashic Library Meditation

Module 4

Lesson 11:

- GUIDE: Unlocking Soul's Purpose through Hobbies and Interests
- GUIDE: 101+ Hobbies and Activities for the Spiritual Seeker
- GUIDE: Uncovering Your Desires and Passions Through Self-Inquiry
- WORKSHEET: Relationship Between Passions and Spiritual Mission
- WORKSHEET: Creating a Purpose-Driven, Joyful Existence

Lesson 12:

- GUIDE: Integrating Purpose into Routine
- GUIDE: Steps to Awaken Your Soul's Purpose
- GUIDE: Uncovering Hidden Gems of Purposeful Living

Lesson 13: Joyful Living Inspired by Akashic Wisdom

Module 4: Practical Exercises

- GUIDE: Exercises to Unearth Potential
- GUIDE: Past Lives
- SCRIPT: Past Life Guided Journey

Module 5

Lesson 14:

- GUIDE: Creating a Values-Based Action Plan

Lesson 15:

- GUIDE: Defining and Understanding Core Values
- GUIDE: Ethics of Accessing the Akashic Records

Lesson 16:

- GUIDE: Illuminating the Path

Module 5: Practical Exercises

- GUIDE: Exercises to Align Values with Purpose
- SCRIPT: Dance of Values and Challenges Visualization
- SCRIPT: Journey to Your Soul's Essence
- GUIDE: Strategies for Living Authentically According to Your Values

Module 6

Lesson 17:

- GUIDE: Mysteries Unveiled through the Akashic Records

Lesson 18:

Lesson 19:

Module 6: Practical Exercise

- WORKSHEET: Connecting the Dots
- GUIDE: Crafting a Life Plan Inspired by Akashic Wisdom
- GUIDE: Akashic Records Roadmap
- GUIDE: Techniques for Infusing Intention and Deepening Soul Connections
- GUIDE: Case Studies and Testimonials
- GUIDE: Akashic Wisdom FAQ



Next Classes in the Series

Tentative Schedule and Outline for the Level 2 Deepen and Level 3 Manifest Courses

Deepen Your Soul's Purpose

(Level 2 of 3) June 4 – July 9

Building on the foundational work explored in Level 1, "Deepen Your Soul's Purpose" will introduce advanced concepts of the Akashic records, karmic patterns, and the application of tools (astrology, numerology, crystals & stones) for soul purpose awareness and personal growth.

Course Outline

Module 1: Advanced Akashic Exploration

- Lesson 1: Expanding Akashic Understanding for Soul Purpose
- Lesson 2: Soul Contracts: Understanding Karmic Patterns
- Lesson 3: Past Life Wisdom for Present Growth

Module 2: Astrological Soul Mapping

- Lesson 4: Astrological Aspects of Soul Purpose
- Lesson 5: Navigating Life Transits for Spiritual Alignment
- Lesson 6: Astrological Insights for Personal Evolution

Module 3: Numerology and Destiny

- Lesson 7: Numerology's Role in Soul Journey - Numerology in Understanding the Soul's Path
- Lesson 8: Deciphering Life Path Numbers for Soul Growth
- Lesson 9: Future Planning through Numerological Insights
- Lesson 10: Building Self-Confidence through Spiritual Alignment

Module 4: Amplified Intuition

- Lesson 11: Enhancing Intuitive Strengths
- Lesson 12: Connecting with Higher Wisdom and Guidance
- Lesson 13: Daily Decision Making through Intuition - Integrative Intuition in Daily Decision Making

Module 5: Vibrational Harmonization

- Lesson 14: Principles of High Vibrational Living - High Vibrational Living Principles
- Lesson 15: Aligning Energy with Environment and Goals
- Lesson 16: Personalized Energy Management - Creating a Personal Energy Routine

Module 6: Bridging to Manifestation

- Lesson 17: Reflection on Spiritual Progress (Growth) and Transformation
- Lesson 18: Identifying Key Areas for Manifestation
- Lesson 19: Setting the Stage for Level 3: Manifesting Soul Purpose
- *Celebrate and Next Steps*

Manifest Your Soul's Purpose

(Level 3 of 3) Sept 3 – Oct 8

To refine and revise the Level 3 course content, ensuring a strong connection to the theme of "A Journey Through Akashic Wisdom," and addressing the Level 3 Transformations and Challenges:

Course Outline -

Module 1: Embracing Universal Law

- Lesson 1: Principle of Purposeful Attraction
- Lesson 2: Aligning Desires with Soul Purpose
- Lesson 3: Cultivating Authentic Intentions for Manifestation

Module 2: Energy Work for Manifestation

- Lesson 4: Advanced Chakra Balancing for Manifestation
- Lesson 5: Energy Healing Techniques ~ Self and Environment
- Lesson 6: Aligning Energy with Desires

Module 3: Multidimensional Manifestation

- Lesson 7: Exploring the Multidimensional Self for Manifestation
- Lesson 8: The Role of Parallel Lives in Manifestation
- Lesson 9: Connecting with Multidimensional Aspects (Meditation, etc.)

Module 4: Quantum Manifestation Techniques

- Lesson 10: Quantum Physics in Manifestation
- Lesson 11: Quantum Visualization Techniques for Achieving Goals
- Lesson 12: Creating a Personal Quantum Manifestation Plan

Module 5: Personal Empowerment and Spiritual Presence

- Lesson 13: Embodying Spiritual Principles in Daily Life
- Lesson 14: Subtle Influence: Inspiring Through Personal Example
- Lesson 15: Authentic Engagement: Sharing When Inspired

Module 6: Legacy and Self-Continuity

- Lesson 16: Defining Your Spiritual Legacy
- Lesson 17: Crafting a Personal Legacy Statement: A Reflection of Your Journey
- Lesson 18: Setting Intentions for Ongoing Spiritual Development
- *Celebrate and Next Steps*